



CDC GROWTH CHARTS
 WITH REFERENCE PERCENTILES
 FOR BOYS
 TWO TO FIVE YEARS OF AGE



Length for Age
 Weight for Age
 BMI for Age

NAME _____ PARTICIPANT# _____

DATE OF BIRTH _____

Date of Measurement	Age in Months	Standing Height	Weight	Hb	Notes

These charts to record the growth of the individual child were constructed by the National Center for Health Statistics in collaboration with the Centers for Disease Control. The charts are based on data from National Health Examination Surveys and supplemental data sources. These charts are appropriate for boys from two to five years of age. Their use will direct attention to unusual body size which may be due to disease or poor nutrition.

Measuring: Take all measurements with the child dressed in only underwear or no more than t-shirt and shorts. Use a beam balance scale to measure weight. Measure stature with the child standing up, using a stadiometer.

Recording: First take all measurements and record them on this page. Then graph each measurement on the appropriate chart. Find the child's age on the horizontal scale, then follow the vertical line from that point to the horizontal level of the child's measurement (height or weight). Where the two lines intersect, make a mark with a pencil. To graph BMI, divide the child's weight by their stature, and divide again by stature. Multiply by 703. Make a mark where the child's BMI and age intersect.

Interpreting: Many factors influence growth. Therefore, growth data alone cannot be used to diagnose disease, but they do allow you to identify some unusual growth patterns in children.

Each chart contains a series of curved lines numbered to show selected percentiles. These refer to the rank of a measure in a group of 100. Thus, when a cross mark is on the 95th percentile line of weight for age, it means that only 5 out of 100 children of the same age and sex have weights greater than that recorded.

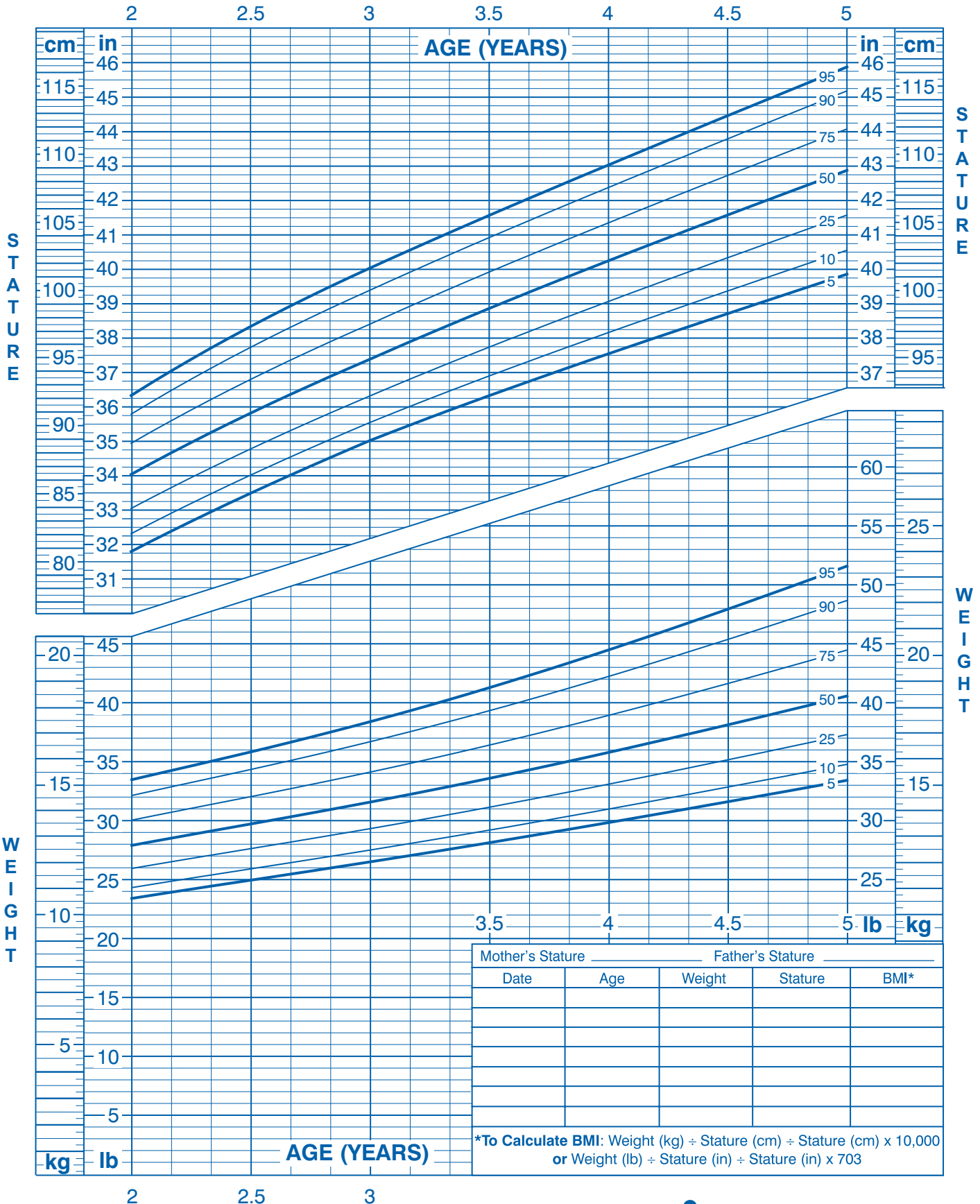
Inspect the set of marks you have just made. If any are particularly high or low (for example, above the 95th percentile or below the 5th percentile) you may want to refer the child to a physician. Compare the most recent set of marks with earlier sets for the same child. If he has changed rapidly in percentile levels, you may want to refer him to a physician. Rapid changes are less likely to be significant when they occur within the range from the 25th to 75th percentile.

2 to 5 years: Boys

Stature-for-age and Weight-for-age percentiles

NAME _____

RECORD # _____

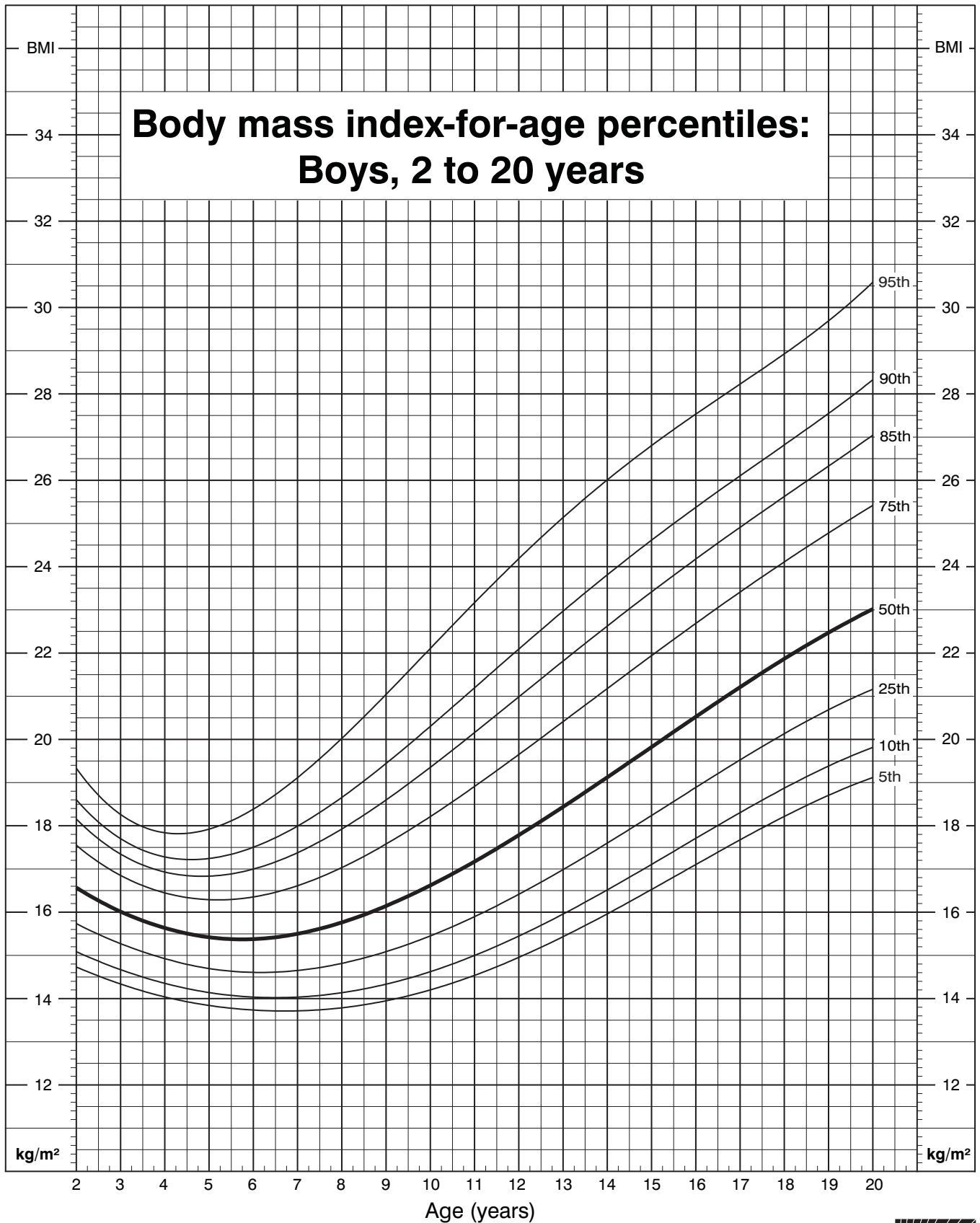


Available at <http://www.nal.usda.gov/wicworks>

SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2002). <http://www.cdc.gov/growthcharts>



CDC Growth Charts: United States



Published May 30, 2000.

SOURCE: Developed by the National Center for Health Statistics in collaboration with the National Center for Chronic Disease Prevention and Health Promotion (2000).



SAFER • HEALTHIER • PEOPLE™

