

**Overview of pumps and indications for use follows:**

WIC staff must determine the *type* of pump to be issued on a *case by case basis*. The pump provided should be 1) reliable 2) adequate to the need of the participant and 3) the most cost-effective choice in the participant’s situation.

Type/Brand

**Hand Pumps**-Hand pumps generate suction manually. Manual pumps are lightweight, inexpensive, and easily cleaned. Hand pumps are generally not adequate for women who work full time. These are best used for women who want to express an occasional bottle.

**Squeeze-handle pumps:** Harmony pumps Vacuum is created by squeezing the handle in and out.

**Pedal pump:** This is a cylinder pumps but rather than being hand-operated, it runs on ‘foot power’. This pump is convenient for moms who need an efficient, quick way to pump without electric supply source.

**Harmony Hand Breast Pump**

Indications for Use

- For women with intermittent pumping needs
- Short mother-infant separation events
- Relief bottle

**Electric Pumps**

Various types of electric motors are available:

Type/Brand

**Bailey Nuture III Electric Breast Pump**

Semi-automatic pumps\_(Nuture III) require the mother to use her finger to cover and uncover a hole in the flange base. By covering and uncovering the hole she creates a pumping rhythm designed to stimulate a baby’s sucking pattern. The amount of vacuum pressure created is determined by the degree of closure of the hole in the flange base.

Indication for Use

- For Mothers who need to pump multiple times each day
- When a woman returns to work

Type/Brand

**Medela Lactina Electric Breast Pump**

The Medela Lactina and Symphony Fully-automatic\_(Lactina & Symphony) electric pumps are designed to automatically create a pumping rhythm that mimics an infant's sucking pattern. These pumps allow mom to pump both breasts at the same time.

Indications for Use (Refer to the Policy and Procedure Manual 5.21, Section D, #4)

- Premature/high risk infants
- Establish, maintain milk supply: such as breast refusal or latch problems
- When the woman or infant is hospitalized and the hospital does not provide pumping assistance
- Adoptive nursing

***If there is a question of loaning a pump, contact the local Breastfeeding Coordinator. If the Coordinator is not available contact the State Breastfeeding Coordinator at (304)558-7158***