

4.05 Children 1 through 4 years

POLICY:

The purpose of this policy is to outline the authorized supplemental food for participants 1 through 4 years of age who do not have a condition qualifying them to receive food package III.

PROCEDURE:

A. Authorized Supplemental Foods

Authorized supplemental food for children includes the following.

1. Milk, 16 qt.
 - a. Whole milk, as specified in FDA standards is the only type of milk for children 12 through 23 months.
 - b. Low-fat milks, as specified in FDA standards, Low-fat (1%) and Fat Free (Skim milk), are the only types of milk allowed for children ≥ 24 months of age.
 - c. Milk substitutes
 1. Soy-based beverage
 - a. Soy-based beverage can be substituted for milk on a quart for quart basis
 2. Cheese
 - a. Cheese may be substituted for milk at the rate of 1 pound of cheese per 3 quarts of milk. Whenever 1# cheese is substituted, the remaining 1 quart of milk will be provided.
 - b. No more than 1 pound of cheese may be substituted for milk.
2. Breakfast cereal, 36 oz.
3. Juice, 128 fl oz.
4. Fruits and Vegetables, \$8.00
5. Whole grain bread, or other whole grains, 2 lb.

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6. Eggs, 1 dozen
7. Legumes, 1 lb. or 4 cans (15-16oz), or Peanut Butter, 16-18 oz.

B. Prescribing Food Packages

Only a Competent Professional Authority (CPA) is authorized to prescribe supplemental foods in quantities that do not exceed the regulatory maximum and are appropriate for the participant, taking into consideration the participant's age and nutritional needs.

REFERENCES:

1. WIC Regulations 246.10, Food Package IV, Children 1 through 4 years
2. Federal Register/Vol. 79, No. 42/Rules and Regulations