

4.04 Infant Food Package Birth through 11 months

POLICY:

The purpose of this policy is to outline the authorized supplemental food for infants, birth through 11 months of age. Foods issued to infants, birth through 11 months must be prescribed from food packages according to the category and nutritional needs of the participant as outlined in Food Package I and II of the Federal Register.

PROCEDURE:

The infant formula requirements that are specified in this standard infant food package policy are standard contract infant formulas.

A. Fully Breastfeeding Infants

Fully breastfeeding infants receive no infant formula from the WIC Program to support the successful establishment of breastfeeding

1. Fully breastfeeding infants, birth through 5 months, are not provided any infant formula or supplemental foods.
2. Fully breastfeeding infants 6 through 11 months are provided with a monthly allowance of supplemental foods.
 - a. The maximum monthly allowance of supplemental foods for exclusively breastfeeding infants 6 through 11 months will not exceed the following amounts:
 - 256 oz. infant fruit and vegetables
 - 77.5 oz. infant meat
 - 24 oz. infant cereal

B. Partially Breastfeeding Infant

1. Partially breastfeeding infants receive no more than 104 reconstituted fluid ounces of formula during the first month.
2. Partially breastfeeding infants 1 through 5 months receive formula from the WIC Program in an amount not to exceed approximately half the amount of infant formula allowed for a fully formula fed infant.
 - a. The maximum monthly allowance of supplemental foods for partially breastfeeding infants 1 through 3 months are not to exceed the following amounts:

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- 388 fl oz reconstituted liquid concentrate formula or 384 fl oz RTF formula, or 435 fl oz reconstituted powder formula
- b. The maximum monthly allowance of supplemental foods for partially breastfeeding infants 4 through 5 months are not to exceed the following amounts:
- 460 fl oz. reconstituted liquid concentrate formula or 474 fl oz RTF formula or 522 fl oz reconstituted powder formula
3. Partially breastfeeding infants 6 through 11 months are provided with a monthly allowance of supplemental foods.
- a. The maximum monthly allowance of supplemental foods for partially breastfeeding infants 6 through 11 months is not to exceed the following amounts:
- 315 fl oz. reconstituted liquid concentrate formula or 338 fl oz. RTF formula or 384 fl oz reconstituted powder formula
 - 128 oz. infant food fruits and vegetables
 - 24 oz. infant cereal
4. When a partially breastfed infant's formula amount changes, a full assessment will be done by a qualified WIC staff member. The assessment will include, but is not limited to:
- How frequently the infant is nursing
 - How long the infant is nursing at each feeding
 - Mom's feelings about the nursing
5. Staff will encourage the breastfeeding mother to maintain her breastfeeding status and encourage her to go back to fully breastfeeding the infant as is appropriate.
6. After a complete assessment has been performed, if the mother still feels that formula is needed, formula will only be provided in the minimum amount that the mother has reported the infant consumes in a 24 hour time period.
7. If the mother comes in after the partial food package has been given to request more formula, another assessment will be done to see how breastfeeding can best be promoted with the mother. If food benefits have been spent for the infant for the month in question, more formula will not be given until the next full month of food benefits begins. This will guarantee that the infant does not receive more formula than is allotted in any given month.

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C. Minimally Breastfeeding Infants

1. Minimally breastfeeding infants receive no more than 104 reconstituted fluid ounces of formula during the first month.
2. Minimally breastfeeding infants 1 through 5 months receive formula from the WIC Program in an amount that exceeds half the amount of formula allowed for a fully formula fed infant but does not exceed the full amount of formula allowed for a fully formula fed infant.
 - a. The maximum monthly allowance of supplemental foods for minimally breastfeeding infants 1 through 3 months are between the following amounts:
 - 389-822 fl oz reconstituted liquid concentrate formula or 385-831 fl oz RTF formula, or 436-869 fl oz reconstituted powder formula.
 - b. The maximum monthly allowance of supplemental foods for minimally breastfeeding infants 4 through 5 months are not to exceed the following amounts:
 - 460-895 fl oz. reconstituted liquid concentrate formula or 474-912 fl oz RTF formula or 523-959 fl oz reconstituted powder formula.
3. Minimally breastfeeding infants 6 through 11 months are provided with a monthly allowance of supplemental foods.
 - a. The maximum monthly allowance of supplemental foods for partially breastfeeding infants 6 through 11 months are not to exceed the following amounts:
 - 316-629 fl oz. reconstituted liquid concentrate formula or 338-643 fl oz. RTF formula or 385-695 fl oz reconstituted powder formula.
 - 128 oz. infants food fruits and vegetables
 - 24 oz. infant cereal
4. When a minimally breastfed infant's formula amount changes, a full assessment will be done by qualified WIC staff member. The assessment will include, but is not limited to:
 - How frequently the infant is nursing
 - How long the infant is nursing at each feeding
 - Mom's feelings about the nursing

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5. Staff will encourage the breastfeeding mother to maintain her breastfeeding status and encourage her to go back to fully breastfeeding the infant as is appropriate.
6. After a complete assessment has been performed, if the mother still feels that formula is needed, formula will only be provided in the minimum amount that the mother has reported the infant consumes in a 24 hour time period.
7. If the mother comes in after the minimum food package has been given to request more formula, another assessment will be done to see how breastfeeding can best be promoted with the mother. If food benefits have been spent for the infant for the month in question, more formula will not be given until the next full month of food benefits begin. This will guarantee that the infant does not receive more formula than is allotted in any given month.

D. Pump Distribution and Formula Supplementation

If a mother is receiving a fully breastfeeding package and temporarily needs to supplement with formula, she will be temporarily changed to a partial or minimal breastfeeding package, depending on the amount of formula needed. She will then be loaned a pump based on meeting the criteria in **Policy 5.21, D. Electric Breastpump Disbursement.**

E. Fully Formula Fed Infant

1. Fully formula feeding infants, birth through 5 months receive formula from the WIC Program in an amount not to exceed the maximum monthly allowances.
 - a. The maximum monthly allowance of supplemental foods for the fully formula feeding infants 0 through 3 months are not to exceed the following amounts:
 - 823 fl oz. reconstituted liquid concentrate formula or 832 fl oz RTF formula or 870 fl oz reconstituted powder formula.
 - b. The maximum monthly allowance of supplemental foods for the fully formula feeding infants 4 through 5 months are not to exceed the following amounts:
 - 896 fl oz. reconstituted liquid concentrate formula or 913 fl oz. RTF formula or 960 fl oz reconstituted powder.
2. Fully formula feeding infants 6 through 11 months are provided with a monthly allowance of supplemental foods.

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- a. The maximum monthly allowance of supplemental foods for the fully formula feeding infants 6 through 11 months are not to exceed the following amounts:
- 630 fl oz. reconstituted liquid concentrate or 643 fl oz. RTF or 696 fl oz. reconstituted powder
 - 128 oz. infants food fruits and vegetables
 - 24 oz. infant cereal

F. Prescribing Food Packages

Only a Competent Professional Authority (CPA) is authorized to prescribe supplemental foods in quantities that do not exceed the regulatory maximum and are appropriate for the participant, taking into consideration the participant's age and nutritional needs.

REFERENCES:

1. WIC Regulations 246.10, Food Package I- Infants 0-5 Months, Food Package II-Infants 6-11 Months
2. Federal Register/Vol. 79, No. 42/Rules and Regulations