



# Recipe of the Month

## Fruit Salad in Seconds

- 1 pint fresh strawberries, sliced.
- 1 pound seedless green grapes, halved.
- 3 bananas, peeled and sliced.
- 1 (8 ounces) container of strawberry yogurt.

1. In a large bowl, toss together strawberries, grapes, bananas, and strawberry yogurt. **Serves 12.**



### *Nutritional Information per Serving:*

Calories: 81 | Total Fat: 0.6g | Cholesterol: 2mg

