

**If you choose to buy chocolate milk with your WIC vouchers, please read this carefully**

**ONLY WHOLE/ Vitamin D** Chocolate milk is approved with this voucher. **ONLY 1-2 year olds** will be issued this type of voucher.

Draft Number	Last	PAYEE NAME	First	M.I.	AGENCY	W I C I D	PR	CND	DRAFT TYPE
1008259	DOE	JANE			09531	G53100070-3	1	C	1001
<b>WEST VIRGINIA WIC PROGRAM</b> ALL FOOD MUST BE WEST VIRGINIA WIC APPROVED Redeem for these Items and Quantities only:									
QTY	DESCRIPTION (NO SUBSTITUTIONS ALLOWED)								
002	Gallon(s) Whole Milk								
001	(64-oz) Container(s) Juice								
036	ounces WIC-approved Cereal								
<b>WHOLE MILK VOUCHER</b>									
IMPROPER USE OF THIS DRAFT SUBJECT TO FEDERAL - STATE PROSECUTION <b>NON-NEGOTIABLE</b> Vendor Stamp:									

**ONLY 2%, 1%, or fat-free (skim)** chocolate milk are approved with this voucher. **Women and children between the ages of 2-5 years old** will be issued this type of voucher.

Draft Number	Last	PAYEE NAME	First	M.I.	AGENCY	W I C I D	PR	CND	DRAFT TYPE
1008258	DOE	JANE			09531	G43100210-1	1	P	1201
<b>WEST VIRGINIA WIC PROGRAM</b> ALL FOOD MUST BE WEST VIRGINIA WIC APPROVED Redeem for these Items and Quantities only:									
QTY	DESCRIPTION (NO SUBSTITUTIONS ALLOWED)								
002	Gallon(s) Milk (2% or less)								
003	(12-oz) Container(s) Frozen Juice								
036	ounces WIC-approved Cereal								
<b>2% or LESS MILK VOUCHER</b>									
IMPROPER USE OF THIS DRAFT SUBJECT TO FEDERAL - STATE PROSECUTION <b>NON-NEGOTIABLE</b> Vendor Stamp:									

**A Nutrition Label for WHOLE (Vitamin D) Chocolate Milk**

**A Nutrition Label for 1% Low-Fat Chocolate Milk**

Nutrition Facts		Chocolate Milk HALF GALLON	
Serving Size 1 cup (240mL) Servings Per Container 8		*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
<b>Amount Per Serving</b>		Calories:	2,000 2,500
<b>Calories 220</b>	<b>Fat Cal. 70</b>	Total Fat	Less than 65g 80g
	<b>% Daily Value*</b>	Sat Fat	Less than 20g 25g
<b>Total Fat 8g</b>	<b>13%</b>	Cholesterol	Less than 300mg 300mg
<b>Saturated Fat 5g</b>	<b>26%</b>	Sodium	Less than 2,400mg 2,400mg
<b>Trans Fat 0g</b>		Total Carbohydrate	300g 375g
<b>Cholesterol 20mg</b>	<b>7%</b>	Dietary Fiber	25g 30g
<b>Sodium 210mg</b>	<b>9%</b>	<b>GRADE A • PASTEURIZED • HOMOGENIZED</b>	
<b>Total Carb. 27g</b>	<b>9%</b>	<b>INGREDIENTS:</b> MILK, HIGH FRUCTOSE CORN SYRUP, NONFAT MILK, CHOCOLATE POWDER (COCOA PROCESSED WITH ALKALI, SALT, CARRAGEENAN, VANILLIN), CORN SYRUP, NONFAT MILK SOLIDS.	

Nutrition Facts		Chocolate Lowfat Milk GALLON	
Serving Size 1 cup (240mL) Servings Per Container 16		*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
<b>Amount Per Serving</b>		Calories:	2,000 2,500
<b>Calories 170</b>	<b>Fat Cal. 25</b>	Total Fat	Less than 65g 80g
	<b>% Daily Value*</b>	Sat Fat	Less than 20g 25g
<b>Total Fat 2.5g</b>	<b>4%</b>	Cholesterol	Less than 300mg 300mg
<b>Saturated Fat 2g</b>	<b>9%</b>	Sodium	Less than 2,400mg 2,400mg
<b>Trans Fat 0g</b>		Total Carbohydrate	300g 375g
<b>Cholesterol 5mg</b>	<b>2%</b>	Dietary Fiber	25g 30g
<b>Sodium 210mg</b>	<b>9%</b>	<b>GRADE A • PASTEURIZED • HOMOGENIZED</b>	
<b>Total Carb. 27g</b>	<b>9%</b>	<b>INGREDIENTS:</b> NONFAT MILK, MILK, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, CHOCOLATE POWDER (COCOA PROCESSED WITH ALKALI, SALT, CARRAGEENAN, VANILLIN), NONFAT MILK SOLIDS, VITAMIN A PALMITATE AND VITAMIN D3 ADDED.	

**Whole (Vitamin D) Chocolate Milk ONLY for 1-2 Year Olds**



Whole/  
Vitamin D  
One Gallon

To purchase "whole" (Vitamin D) chocolate milk, the word "Whole" must be written on the voucher.

Children between the ages of 1-2 years can only buy **WHOLE (Vitamin D)** chocolate milk. The front label may specify whole or Vitamin D, or both.



Whole/  
Vitamin D  
Half Gallon



One  
Quart

**Chocolate milk must be purchased in the size and fat content specified on the voucher. Two half gallons may not be substituted for one gallon.**

## Lower Fat Milk for Women and Children 2-5 Years Old



The milk label will specify whether the chocolate milk is reduced-fat (2%), low-fat (1%), or fat-free (skim) chocolate milk

Women and Children older than 2 years may only purchase **2%, 1%, or Fat-Free (skim)** chocolate milk with WV WIC Vouchers

**WHOLE MILK IS NOT APPROVED FOR WOMEN OR CHILDREN OLDER THAN AGE 2**

## Some Helpful Tips...

- Chocolate milk must be purchased in the size and fat content specified on the voucher.
- NO SUBSTITUTIONS OF SIZE OR FAT CONTENT!**
- Women and children older than age 2 may **not** purchase whole milk. It must be 2%, 1%, or fat-free (skim) chocolate milk .
- Children between the ages of 1-2 years must purchase whole chocolate milk. Lower fat chocolate milk is **not** approved.
- 1 quart= 946 ml



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## WV WIC PROGRAM



## Your Guide to Choosing WV WIC Approved Chocolate Milk

