



West Virginia WIC Program

Decisions, Decisions, Decisions!

- K Have you thought about the best choice for feeding your baby?

- K Learn how breastfeeding can make life with your new baby healthier, satisfying, and easier.

WIC CAN HELP WITH YOUR INFANT FEEDING DECISIONS.

MOTHERS WITH BREASTFEEDING EXPERIENCE ARE AT YOUR WIC OFFICE TO SHARE INFORMATION AND HELP YOU LEARN HOW TO BREASTFEED YOUR WONDERFUL NEW CHILD. THIS HELP AND MANY RESOURCES ARE AVAILABLE AT NO COST.



DATE _____

DEAR _____,

Your baby will soon be here, so you may have questions or concerns about infant feeding. We want you to be comfortable and confident with your feeding decision. Feel free to call me at your local WIC office.

Your Breastfeeding Counselor

Phone

Breastfeeding your baby can be the start of a very special bond between mother and child.